Board Members Message by Marleen Wallingford

August 6th marked the 66th anniversary of the atomic bombing of Hiroshima and a few days later, Nagasaki. These horrific events which killed over 220,000 people was the first time that nuclear weapons were used in war. The Portland JACL partnered with Oregon Physicians for Social Responsibility, the Oregon Hiroshima Club and several other organizations to commemorate this event at the Japanese American Memorial Plaza at Tom McCall Waterfront Park on Sunday, August 7th. Speakers included: a hibakusha, Dr. Hideko Tamura Snider, who was 11 years old when the bomb dropped on her hometown of Hiroshima. She spoke about watching loved ones die and how imperative it is to stop the use of nuclear power for any purpose. Moderator was Rev. Joseph Santos-Lyons, coordinator of APANO. Rev. David Komeiji of the Nichiren Buddhist Temple gave the invocation. Other speakers included: Kathy Kelly, Nobel Peace Prize nominee and founder of Voices for Creative Nonviolence, Eugene Ruyle, Veterans for Peace, Sean Egusa who recently returned from volunteering in relief efforts in Japan with the Flight of Friendship and Erica Maranowski, high school student winner of the PSR Greenfield Peace Writing Contest. Entertainment was provided by Portland Taiko, the Himawari.

(Continued on next page)
Board Members Message Cont.

decays which takes 240,000 years. Seven to ten days after the atomic bomb was dropped, thousands of people began to die of radiation exposure. The accident at Chernobyl caused an estimated 16,000 deaths. Twelve miles around the Fukushima plant has been declared an exclusion zone although experts recommend that citizen’s not travel within 50 miles of the plant. So far no radiation related deaths have been reported but Fukushima workers continue to expose themselves to dangerous levels of radiation.

Despite the festive atmosphere and the beautiful summer day, serious issues were raised about how we are taking care of our planet and how we have treated our fellow man. What can you do to make the world a better and safer place? How can we create a nuclear-free world?

Upcoming Oregon Nikkei Endowment (O.N.E.) Events

kip fulbeck: part asian, 100% hapa is an exhibition of portraits by artist Kip Fulbeck, who traveled the country photographing Hapa of all ages and walks of life. On exhibit at Oregon Nikkei Legacy Center through the end of 2011, kip fulbeck: part asian, 100% hapa is a nationally touring and acclaimed exhibit addressing heritage and identity.

The last two FREE programs in the series will be September 10 and October 20, 2011 and include—

September 10: Join artist and photographer Julie Keefe as she brings her Hello Neighbor workshop to Oregon Nikkei Legacy Center, September 10 from 10 a.m. -12:30 p.m. Hello Neighbor pairs two individuals who interview and produce photographs of each other, and will be shown at the Legacy Center alongside our Kip Fulbeck exhibit part asian: 100% hapa. Hello Neighbor centers on finding out about someone else you might not be apt to talk to, recognizing similarities and differences, and highlighting our cultural diversity. From a participant, “We were trying to show the community its members. To show the cultural diversity they have and that sometimes you have to look underneath the underneath. You can’t judge a book by its cover. I learned that I am more open around people than I thought. I thought I would be shy & uncomfortable around people, but after an interview or two I opened up and it wasn’t a very big deal anymore.” A free workshop, but you must pre-register at info@oregonnikkei.org or 503-224-1458. Only 26 spots!

September 21: Timbers tickets. Come watch the Timbers beat the San Jose Earthquakes at Jeld Wen Field 7:30 p.m. Tickets are limited. Buy on our website www.oregonnikkei.org or call us at (503) 224-1458.

September 24: Smithsonian free day Participating museums across the country offer free admission to anyone presenting a Museum Day Ticket. Download your ticket at smithsonianmagazine.com. This is ONLC’s third year of participation!

October 8: Archives open house at the Legacy Center. An opportunity to see the work Collections volunteers and staff do behind the scenes. Also see objects, photographs and papers not normally on display in the museum.

October 20: Hapa Diversity Workshop, facilitated by Dr. Linda Isako Angst, Cultural Anthropologist of Japan. How do we understand who we are in relation to others? What assumptions do we make about “us” and “them” in the course of everyday life? Taking its cue from the perspective of cultural anthropology, this workshop will ask participants to think—and then unthink—assumptions we hold about ourselves and thereby examine the stereotypes we create about cultural others. While we celebrate the diversity each of us holds as culturally situated individuals, we must also learn how to honor and support the proliferation of ethnicities within our midst. 5 p.m. at Oregon Nikkei Legacy Center. A free workshop, but you must pre-register at info@oregonnikkei.org or (503) 224-1458.

Matsutake Outing: Date is still to be determined. We will send out via our electronic newsletter as soon as we have a date.
Reflections on the Minidoka Pilgrimage 2011

On June 29 five intrepid members of Unite People set out with five elders of the community to experience the Minidoka Pilgrimage. We were able to include in our trip a visit to Ontario to view the Fours Rivers Cultural Center. And travel the along the old highway to see the Minidoka exhibit and archives at Hagerman and we also attended the Civil Rights Symposium which was themed on the issues of the 442nd/100th and MIS. The purpose of our trip was multipronged; it was a chance to experience our history, touch our roots by being in contact with people who are willing to share their life and their insights and gather information and material that will be used in an upcoming project. I would like to take this chance to thank you all for helping make this trip possible through your generous donations and support of the Unite People fundraising projects.

The following are their reflections of the experience.

- Connie Masuoka, Mentor for Unite People

This trip was an incredible experience. Not only were the lectures and videos full of insight on matters of civil liberties being abused, but the Minidoka campsite was incredibly powerful. It was merely a taste of what camp would’ve been like, but it was overly powerful all the same. I personally enjoyed meeting all of the incredible people who took the time out of their summers and work to come and share in this experience. This is my second pilgrimage and it was more informative than my first due to the group I was with being involved in performances limiting our symposium availability. All in all it was an amazing experience and I would encourage anyone with any interest in Japanese American history to go on this trip and become a sponge and soak up everything that the pilgrimage has to offer.

- Schafer Durgan, immediate past president Unite People

In the five days we were in Idaho, I learned so much about the Japanese Americans that were put in to the concentration camps. I not only learned about them, but I also learned how much pain and suffering they went through. I always knew about what happened to the Japanese Americans during the world war, but this trip made me actually care for the people that had to go through all of it. I thought that hearing each of the internee’s stories was one of the best parts of the trip. The stories really got to me and educated me about how hard it was to live life back in those days. But what got to me the most were the questions that were asked to the youth that were brought up in front of everyone to answer some questions that the audience had. One person asked, “Do you think that the interning of a certain race could happen again in the near future?”

I have never thought about the possibility of that happening again. The fact that there is actually a possibility really did scare me. But I also realized that thanks to these pilgrimages we are being educated about how hard it was back then, there will be more and more people that’ll prevent anything like this from happening again.

Overall this trip changed the way I thought about the internment in World War II and made me realize how much suffering the internees had to go through. It was very educating and a lot of fun.

- John Rojas, member Unite People

Ever since I was a little kid, I was aware of what happened to the Japanese Americans during World War II. But to be honest, I didn’t really care because it was something of the past. And the only way I learned about the internees were from the Nikkei Legacy Center. Don’t get me wrong, that place is wonderful and very educational, but as a kid, I didn’t have the patience or the focus to read the displays, so I wasn’t that interested in learning about the concentration camps. And over the past years I think that learning about Japanese American history through staring at words has made the disinterest in Japanese American history grow within me. So for an opportunity to meet some of the people who were affected by the concentration camps was great for me. I got to learn history through meeting people, which was so much more affective for me. Through meeting these people and going to Minidoka itself, I got to see firsthand the mistakes that this country has made. Because of this experience, I don’t find Japanese American history as dull and boring anymore. Through this experience, I also learned to care about what happened and hopefully my generation and generations to come will prevent a mistake like the concentration camps from happening again.

- Kristi Fukunaga, member Unite People
Nikkei Community Picnic 2011

It was one hot party, literally. But around 400 people braved the heat to celebrate the 20th annual Nikkei Community Picnic at Oaks Park.

We had great food, a special thank you to the ladies of Ikoi no Kai who got up early to make 300 musubi (rice balls) for the picnic. We also had fabulous entertainment provided by the Portland Taiko’s youth group, Tanuki Taiko. And what is a picnic without Bingo? We had mega-Bingo called by our own Kevin Ando who did a fantastic job. In addition, there were raffle prizes galore, huge planters, a beautiful gift basket, gift cards and gift certificates for restaurants. And if you still weren’t lucky enough to win a prize there was a special take home gift for you.

The Nikkei Community Picnic is one of the highlights of the year and is made possible through the generosity many. The picnic would not be possible without the sponsorship of the Japanese American organizations, churches and temples. The Portland JACL, the Hiroshima Club, Nikkei Jin Kai (JAS), Daihonzan Henjyoji, Veledas, Nikkei Fujin Kai, Johrei Fellowship, Oregon Buddhist Temple, Portland Taiko, Oregon Nikkei Endowment, Oregon Nisei Veterans, Nichiren Temple, and Ikoi no Kai all help to sponsor this event. And in addition, there are many monetary and prize donations from community businesses and individuals. We would like to thank, Rich Iwasaki, Kurtis Inouye, Richard Hedlund, Riverview Abbey, Ota Tofu, Koida Nursery, George Hoashi, Yoji Matsushima, Chip and Setsy Larouche, Nobi Masuoka, Yamasa Corp., Hiroshi’s Anzen, Osakaya Restaurant, Kappya Restaurant, Ichidai Restaurant, Terry Kawamoto, Dr. Jim and Amy Tsugawa, Dr Dale Ogata, Sam Naito, John Kodachi, Michael Irinaga, and George and Nobi Azumano.

I would especially like to recognize the volunteers who make the picnic run smoothly they are ones who make this event special. They include; Ken and Katie Kawazoe, George Hoashi, Kay Endo, Nobi Masuoka, Tsuyako Monas, Chip and Setsy Larouche, Susan Leedham, Jim Kennedy, Lynn Longfellow, Jim Hearn, Sho and Loen Dozono, Marleen Wong, and the members and family of Unite People. I would especially like to recognize Lennon Boutwell from Unite People who came to volunteer and support the picnic on his birthday.

Please mark your calendars and be sure to join us Sunday, August 19, 2012 for the 21st annual Nikkei Community Picnic. We look forward to seeing you there.
Museum Day features Minidoka Swing Band

The Minidoka Swing Band performs Saturday, September 24, at the Washington County Museum in celebration of National Museum Day, hosted by the Smithsonian magazine. The Washington County Museum is a participating museum with free admission all day, from 10 a.m. to 4 p.m.

Bring the family and a picnic lunch to the Museum that day and take in the toe-tapping music of the Minidoka Swing Band, view the current exhibits, see a Japanese woodblock printing demonstration and enjoy the grounds – all for free. The Museum is located on the PCC-Rock Creek Campus, 17677 NW Springville Road.

The locally-based swing band, established in September 2007, plays from noon to 2:30 p.m. The band’s swing tunes serve as a tribute to the Japanese Americans interned during World War II and highlights the music that was popular in 1940s America – and in the internment camps.

Led by Music Director and Conductor Larry Nobori, the band’s members range in age from 13 to 84 years old. Nobori also plays lead alto sax and clarinet. The Minidoka Swing Band, named after the Minidoka Internment Camp in Idaho, has been featured in a variety of media, including the Wall Street Journal and in an Emmy-nominated story produced by KING TV-Channel 5 in Seattle.

The Unite People Youth Group of the Japanese American Citizens League will provide swing dancing to select songs. In addition, the students will sell sodas and water to raise funds for their group’s activities. Two exhibits will be on display in the Museum gallery:

Taken: FBI is a traveling exhibit of the Oregon Nikkei Endowment that shares stories, artifacts, diaries and experiences of some Portland-area Japanese Americans who were interned. The traveling version of the exhibit is sponsored in part by the Oregon Heritage Commission, Spirit Mountain Community Fund and Target.

The Day We Left is a complementary exhibit of large-scale paintings by Cedar Mill artist Sharon Inahara, using words as art, to depict the emotions of WWII and the internment experience of Japanese Americans.

About: The Washington County Museum is a cultural leader that serves to preserve our heritage and foster understanding of our shared future. The Museum offers unparalleled opportunities to experience and understand the complexity and richness of Washington County.

Clark Center Loaves & Fishes September 2011 Menu

2740 SE Powell Blvd., Portland OR

Thursday 1 - Sliced roast pork w/ gravy or chef salad
Friday 2 - Baked fish w/ cucumber dill or chicken grape salad

Monday 5 - Closed - Labor Day Holiday
Tuesday 6 - Chicken spaghetti or taco salad
Wednesday 7 - Chicken w/ orange glaze or spinach lasagna
Thursday 8 - Swedish meatballs or greek salad
Friday 9 - Cheese ravioli or trio salad

Monday 12 - BBQ chicken or tortellini w/ creamy tomato basil sauce
Tuesday 13 - Meat loaf or chicken caesar salad
Wednesday 14 - Sweet & sour pork or veggie lasagna
Thursday 15 - Spaghetti & meatballs or river house salad
Friday 16 - Baked fish w/ tartar sauce or crisper summer salad

Monday 19 - Chicken w/ noodles or veggie pizza
Tuesday 20 - Turkey pot roast or chicken caesar salad
Wednesday 21 - Meat lasagna or tomato basil veggie burger
Thursday 22 - Swedish meat balls or tuna stuffed salad
Friday 23 - Chicken provence or river house salad

Monday 26 - Beef & macaroni casserole or breakfast casserole
Tuesday 27 - Sliced roast turkey or shrimp louie salad
Wednesday 28 - Baked fish w/ lemon dill or veggie pizza
Thursday 29 - Savory baked chicken or cobb salad
Friday 30 - Roast pork w/ gravy or chinese chicken salad
Wanna be a Friend?

Sharon Takahashi, Ikoi no Kai Committee

In this day of Facebook, Twitter, blogs, etc., friendships can spring up anywhere. Friendships, imply sharing, caring and supporting each other and can be old or new. Some of us can strike up conversations on an airplane, at the golf course or picnic, at a seminar and make friends. Others may take more time to warm up to new circles.

A year ago, we were making decisions on how to use our resources to continue our lunch program at Ikoi no Kai for as long as we could. We looked at options for fundraising and saw the costs that would entail and cringed. So, we started an “ask a friend” campaign to see if we could find donors who would contribute dollars to keep our doors open. The response to the informal solicitations was heartwarming. Our donations range from those who refuse change when paying for their meals to $5000 given in honor of “mom.” Others gave in thanksgiving for surgery recovery, birthday celebrations, family gatherings, and whatever. To all, we are grateful.

The Spirit Mountain Community Fund award’s goals are expansion of our program and the implementing of our meal delivery program to those unable to get to Ikoi no Kai. We stopped purchasing meals from Loaves and Fishes on Mondays and Fridays and had our hired chefs prepare meals from scratch. Our clients seem to appreciate this and have brought friends in. The one time only grant funds will support this effort till mid 2012. If we want to maintain our new program, we need to grow our operating capital.

It is our goal to have a the delivery pilot program started in the fall. We need the Nikkei community’s help in identifying subscribers for the program and new volunteers who can help implement it. Of course, with a new program there will be added costs, including staffing, food, packaging, delivering—and that’s where friendship comes in.

To get to our 33rd year and more, we need a wider circle of friends. We are asking the Friends of Ikoi no Kai to renew their support this year. If we had 50 donors who pledged $20 a month, we would have operational expenses for the year. To see what your $20 monthly donation supports, you are invited to be our guest once each month. (These free meal cards are not usable on special bento days, however. Ikoi no Kai’s parent organization is the Japanese Ancestral Society, a 501(c)3 nonprofit entity. All of your donations are tax deductible.

Donations should be sent to Ikoi no Kai, 1333 SE 28th Avenue, Portland, OR. 97214. Please call me if you have questions, need more information or have ideas to share on our programs. (503) 639-4061).

Congressional Gold Medal Ceremony Date Pending Approval

The National Veterans Network (NVN), a coalition of 25 Japanese American veteran and civic organizations is pleased to announce that pending approval of a concurrent resolution by both the U.S. House of Representatives and the U.S. Senate, Congressional leaders have agreed to award the Congressional Gold Medal to the 100th Infantry Battalion / 442nd Regimental Combat Team/Military Intelligence Service in Washington, DC, during the period October 31- November 2, 2011. The NVN will provide updates on the ceremony date as it become available.

Attendance at the Congressional Gold Medal (CGM) Ceremony is by invitation from the Congress of the United States. Attendance at the CGM ceremony is limited; therefore NVN will recommend the following categories to be invited by Congress: a veteran and guest, a widow and guest, one representative for a veteran killed-in-action, and one representative for a deceased veteran. Family members and friends who travel to Washington, DC, for this historic event will see the Congressional Gold Medal Ceremony via live video feed at a nearby location.

Eligible veterans from Oregon and Vancouver, Washington and their families have been contacted and their re-registration has been forwarded to the national data base. Those eligible for the Honor Flight have been confirmed. Honor Flight, a non-profit organization whose mission is to fly veterans to see “their” memorial in Washington, DC, will provide free or discounted airfare for all eligible veterans.

The Medals have been ordered from the US Mint and we are expecting deliveries sometime in January/February 2012 timeframe. A committee met recently to plan and organize the local celebration for everyone but especially for those veterans who (Continued on next page)
Congressional Gold Medal Ceremony Date Pending Approval Cont.

were unable to travel to Washington, DC. It'll be a luncheon early in 2012 and more definite information will be forthcoming.

Since late 2010, the National Veterans Registry has been registering veterans, widows, next of kin of KIA and next of kin of deceased veterans who are interested in attending the Congressional Gold Medal Ceremony. If anyone still wants to register to attend the festivities in Washington, DC they will now have been placed on the waiting list.

If you have any questions/comments, please contact Setsy Sadamoto Larouche at (503) 698-4656 or email: Larouche@msn.com. You can get additional information by visiting the National Veterans Network web site at www.nationalveteransnetwork.com.

**Sukiyaki Bazaar – Sunday, Oct. 2, 2011**

11:30am to 3:30pm at the Oregon Buddhist Temple

Sukiyaki (Beef and Vegetarian)  
Chicken Bento  
Ikebana and Calligraphy Displays  
Omiyage Gifts and more…

Chow Mein  
Produce Mein  
Snack Bar  
Bingo starting at 2 pm

For info: (503) 234-9456 or bazaar@oregonbuddhisttemple.com

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Sukiyaki Bazaar Order Form

Pre-order is highly recommended.
Please return order forms by Wednesday Sep. 28, 2011.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price/To Go*</th>
<th>Quantity</th>
<th>Amount</th>
</tr>
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<tr>
<td>Sukiyaki*</td>
<td>$7.50/$8</td>
<td>________</td>
<td>$____________</td>
</tr>
<tr>
<td>Vegetarian Sukiyaki*</td>
<td>$7.50/$8</td>
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<tr>
<td>Chow Mein</td>
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<tr>
<td>Chicken Bento</td>
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*For each take-out Sukiyaki order, please add $.50 (total $8.00).

Total $____________

Name: ____________________________  Phone Number: ____________________________

Please make checks payable to: Oregon Buddhist Temple
Mail to: Oregon Buddhist Temple
3720 SE 34th Avenue
Portland, OR 97202-3037

THANK YOU FOR YOUR SUPPORT!
Ikoi No Kai at Epworth
1333 SE 28th Ave, Portland

Thursday 1 - Baked pork
Friday 2 - Mochiko chicken picnic plate

Monday 5 - Labor Day, Closed
Tuesday 6 - Lettuce wrap (beef, veggies, bean threads)
Wednesday 7 - Closed
Thursday 8 - Sweet & sour beef balls
Friday 9 - Chow mein

Monday 12 - Bibimbop (korean donburi)
Tuesday 13 - Nishime w/ boiled pork
Wednesday 14 - Closed
Thursday 15 - Cabbage roll
Friday 16 - Chicken

Monday 19 - Fresh tomato, beef, tofu salad
Tuesday 20 - Grandparents’ Day Special Menu
Wednesday 21 - Closed
Thursday 22 - Kabocha w/ meat sauce
Friday 23 - Panko shrimp w/ orzo & greens salad

Monday 26 - Lemon scallion tilapia
Tuesday 27 - Udon
Wednesday 28 - Closed
Thursday 29 - Birthday sushi
Friday 30 - Hoisin Chicken

Note: Only the main dish is listed in the menu. Each day’s menu also includes a soup or salad, side dish, and dessert.

Ikoi No Kai September 2011 Menu Notes:


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Copies & Printing
Your Portland JACL Newsletter comes to you thanks to DocuMart on SW Main in Portland, who prints it at a greatly reduced cost. Please consider them for your printing needs: 503-228-6253.

A big thank you to Chris Onchi, as well, Chris has been printing our labels, making data entry changes, and assisting with the annual calendar for many years. Her business is Chris’ Mailing Service: 503-452-6864.