Co-President’s Message by Susan Leedham

February 19 is the 70th anniversary of President Franklin Roosevelt’s signing of Executive Order 9066 ordering the incarceration of 120,000 Japanese Americans living on the West Coast.

This year we will hear the remembrances of those who were relocated far from home behind barbed wire in places like Minidoka, Idaho, and forced to live in cramped quarters for the duration of the war. Professor Linda Tamura will moderate a panel of former internees, and we will also invite those in the audience to share their stories. All former internees in attendance will receive a commemorative pin in recognition of their sacrifice. The Minidoka Swing Band will help set the mood with music from that era, so please join us for Day of Remembrance on Sunday, February 19, 2:00 to 4:00 p.m. at Portland State University, Hoffmann Hall.

Day of Remembrance is just one of the events Portland JACL does every year. For the next two years Jean Yamamoto and I will serve as co-presidents. It is a daunting task, and we would urge all of you to help us with suggestions and maybe even volunteering to help.

We live in a time where civil discourse is absent. We seem to be so invested in our viewpoints that we don’t even want to hear those of others. Our behavior seems to be guided by fear. For some, it’s fear of big government taking over. For others it’s Islamic extremists attacking our country. And there are others that fear the power of multi-national corporations and the 1% having too much power. Fear of the unknown lead to Executive Order 9066.

We all need to work to keep the dialogue open and civil and develop relationships and build community so we don’t repeat the mistakes of the past.
Upcoming Oregon Nikkei Endowment (O.N.E.) Events

To remember Executive Order 9066, Oregon Nikkei Endowment and the Portland State University Center for Japanese Studies will present lectures and events during February, including:

February 11: Sweetheart Swing Dance featuring the Minidoka Swing Band at the Star Theatre, 13 NW 6th Ave., from 7:00 to 10 p.m. Dress in your best zoot suits and Kitty Foyle dresses to celebrate Valentine’s Day with a 1940s twist! Costume contests for singles and couples. $15 advance tickets, $20 at the door. Tickets at www.oregonnikkei.org or by calling (503) 224-1458.

February 16: “National Security and Civil Liberties in Wartime: The Internment of Japanese Americans,” a lecture by Dr. David Gray Adler, University of Idaho, 6:00 p.m. at the PSU Native American Center. David Gray Adler is the director of the James A. and Louise McClure Center for Public Policy Research at the University of Idaho. Prior to that, he served as director of the Center for Constitutional Studies and professor of political science at Idaho State University, where he taught courses on the constitution, the presidency and the Bill of Rights. A recipient of teaching, civic and writing awards, Adler has published in the leading journals of his field, and has lectured nationally and internationally on the constitution and presidential power.

February 22: A moderated panel discussion with recent graduate students on the legacy of Executive Order 9066. Moderated by Peggy Nagae, who served as the lead attorney in Yasui v. United States, re-opening Mr. Yasui’s Supreme Court case for violating the curfew imposed upon Japanese Americans during World War II. 6:00 p.m. at University of Oregon, White Stag Building, 70 NW Couch, Portland.

February 28: “Japanese Redress in North America and its Larger Legacy” presented by Dr. Greg Robinson, University of Montreal, 6:00 p.m. at PSU Smith Memorial Student Union, Room 236. Greg Robinson is Associate Professor of History at l’Université du Québec À Montréal, and has two new books scheduled to appear in Spring 2012. After Camp (University of California Press) is the first full-length book to discuss the experience of Japanese Americans across the continent in the years following World War II. Essays include topics such as resettlement and dispersal, the nature of assimilation, and relations with other racial and ethnic minority groups. Pacific Citizens: Larry and Guyo Tajiri and Japanese American Journalism in the World War II Era (University of Illinois Press) is an anthology of writings by a pair of versatile and insightful Nisei journalists. It features an extended biographical and historical introduction and headnotes.

APAICS & AREAA 2012 - 2013 Fellowship Program

The Asian Pacific American Institute for Congressional Studies (APAICS) and the Asian Real Estate Association of America (AREAA) will begin accepting applications today for a housing fellowship program, which they have jointly created to provide fellows with the unique professional and educational experience of serving as full-time staff in the U.S. Congress. The fellowship was established to develop a pipeline of leaders who are dedicated to addressing the diverse housing and community development needs of the Asian American and Pacific Islander (AAPI) communities.

Applicants must have a strong commitment to public service, the Asian American and Pacific Islander community, and must have demonstrated experience in the field of housing and community development. The AREAA Fellow will be placed in a congressional office and will work on housing and community development issues facing Asian American and Pacific Islander communities, along with other important issues facing the U.S. Congress. The fellow will also participate in special events hosted by APAICS and AREAA. The fellowship will be administered by APAICS and is sponsored by AREAA. The application and details are available online at http://bit.ly/AREAAFellowship; the deadline is March 1, 2012.

Founded in 1994, the Asian Pacific American Institute for Congressional Studies (APAICS) is a national non-partisan, non-profit 501(c)(3) organization dedicated to promoting Asian Pacific American participation and representation at all levels of the political process, from community service to elected office. Founded in 2003, the Asian Real Estate Association of America (AREAA) is a nonprofit professional trade organization dedicated to promoting sustainable homeownership opportunities in Asian American communities by creating a powerful national voice for housing and real estate professionals that serve this dynamic market.
Seventy years ago, President Franklin D. Roosevelt signed Executive Order 9066, which sent over 120,000 Americans of Japanese Ancestry to American Concentration Camps. Join us as we honor those whose lives were affected by the order and those Nikkei warriors who fought for their country.

Sunday, February 19, 2012, 1:00 – 3:00 p.m.
Portland State University
George C. Hoffmann Hall • 1833 SW 11th Ave.
Free admission to the public

- Panel discussion moderated by Linda Tamura
- Special presentation to former internees attending
Thank You from Portland JACL!

Portland JACL would like to thank everyone listed below for their generous donations during the past year to our programs which include the Nikkei Community Picnic, our ongoing programs for civil rights advocacy, our youth program and scholarships, the Minidoka Swing Band, the Nikkei Community Directory, our annual calendar, the monthly newsletter, and the Pacific Citizen Holiday Issue advertising. Domo Arigatogozaimashita!

Please note that all donations of $100 dollars or more are acknowledged by return mail. All others are acknowledged in our newsletter unless the donor requests a mailed acknowledgement which we are very pleased

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ZKL LLC (Momo Sushi & Grill)
February - The Healthy Heart Month

By Sharon Takahashi

February is American Heart Month. This is the month that women’s organizations sport red dress pins, doctors expound on healthy life styles and we even have a National Wear Red Day (Feb. 3).

A healthy heart doesn’t always refer to the pumping organ in the body—it can be what motivates us to do, to give, or to share part of ourselves with others.

Sharing happiness is always easy – one person’s joy can be shared and the result is more happy people. The same holds true for sharing bounty; think about all the happy people we had when Ron Sato shared the persimmon and grapes during the summer at Ikoi No Kai. Recently, we had a new year’s lunch at Ikoi No Kai and we had friends paying for others’ lunches before they checked in. It was fun to be a part of bringing smiles to others, just like “secret santas”.

Sharing sadness is much harder but is also an important part of heart health. In January, Austin Harper Richardson, the husband of our long time Tai Chi instructor Yowko Richardson, passed away. Just a few days later, our “first table” retired policemen Walt Wier died. On one bleak January day, three Nikkei names beginning with the letter “T” appeared in the Oregonian. Friends were devastated but as we talked about the departed, so many stories were shared that made us chuckle and our hearts weren’t so heavy. Yowko’s and Walt’s families have expressed their appreciation for all of you out there who reached out to them.

The message to encourage good health: No matter how rich or poor we are, how healthy or unhealthy we are, each of us has 60 minutes in an hour and 24 hours in each day. How you spend that time can be positive or negative. Spending that time helping others can make the community a better place.

Here are some projects that could use time and skills you might have….

- Community Graduation Banquet (May)
- Memorial Day at Rose City/Lone Fir (cemetery clean up)
- Community Picnic (August)
- Ikoi no Kai (come meet new people, offer a ride)

One man’s trash is another man’s treasure department: Ikoi No Kai is seeking a cordless microphone,

Onward to a healthy heart!

Clark Center Loaves & Fishes February 2012 Menu

2740 SE Powell Blvd., Portland OR

**Wednesday 1** - Baked fish w/ lemon dill or veggie pizza
**Thursday 2** - Savory baked chicken or french dip sandwich
**Friday 3** - Roast pork w/ gravy or tuna stuffed tomato

**Monday 6** - Sweet & sour chicken or mushroom & cheese omelet
**Tuesday 7** - Turkey pot roast or chinese chicken salad
**Wednesday 8** - Yoji’s beef curry or spinach lasagna
**Thursday 9** - Spaghetti w/ meat sauce or open face turkey sandwich
**Friday 10** - Breaded tilapia or chicken enchilada casserole

**Monday 13** - Chicken w/ orange glaze or veggie chili
**Tuesday 14** - Meatloaf w/ gravy or veggie pizza
**Wednesday 15** - Veggie lasagna or shrimp salad

**Thursday 16** - Sliced roast pork w/ gravy or tuna salad sandwich
**Friday 17** - Baked fish w/ cucumber dill sauce or chicken fajita

**Monday 20** - Closed, President’s Day
**Tuesday 21** - Baked chicken w/ gravy or taco salad
**Wednesday 22** - Kaori’s veggie yakisoba or bean & rice burrito
**Thursday 23** - Swedish meatballs or open face seafood sandwich
**Friday 24** - Chicken spaghetti or broccoli quiche w/ tomato slices

**Monday 27** - BBQ chicken or tortellini w/ creamy tomato basil sauce
**Tuesday 28** - Meatloaf w/ gravy or fish filet sandwich
**Wednesday 29** - Sweet & sour pork or breakfast casserole
### Nichiren Buddhist Temple

#### 20th Annual Spring Bazaar

**Sunday, March 18, 2012  11:30 a.m. - 3:00 p.m.  2025 S.E.Yamhill**

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All proceeds benefit  
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**Thank you for your order.**  
(An envelope with your pre-paid tickets will be ready for you at the will-call line.)
Ikoi no Kai February 2012 Menu Notes:

Only the main dish is listed. Menu also includes soup or salad, side dish, and dessert.

February 3rd: Setsuban - day to set good luck for the household, get rid of the bad.