Founded in 1928, Portland JACL is one of the most respected civil rights organizations in the country.



COMMUNITY CALENDAR

August 6 Obon Fest Oregon Buddhist Temple

August 7, 1 p.m. - 4 p.m. Hiroshima-Nagasaki Peace Event Japanese American Historical Plaza

August 21, Noon - 4 p.m. Nikkei Picnic Oaks Park, Portland

September 24 - 25 Festival Japan Uwajimaya, Beaverton

October 2 Sukiyaki Bazaar Oregon Buddhist Temple

October 15 Membership deadline for 2012 Community Scholarships Sign up your graduating grandchildren at www.pdxjacl. org

JACL District Meeting Bellevue, WA

October 23

Fall Bazaar Epworth United Methodist Church

October 29

JACL National Board Meeting Los Angeles, CA

AUGUST 2011 · VOLUME 17, ISSUE 1

The Spirit of Nadeshiko

Board Members Message by Lynn Longfellow

Millions of viewers watched last month, as Nadeshiko Japan, the Japanese women's soccer team, won its first World Cup ever, in a stunning defeat over the highly favored U.S. team. Their triumph lifted the spirits of a stricken country and one couldn't help but feel, even if cheering for a U.S. victory, great joy for the country of Japan. The team expressed their feeling of responsibility to inspire hope, strength and power to their recovering nation.

The team is named for the frilled pink carnation flower nadeshiko that symbolizes the embodiment of the idealized Japanese woman with virtues that include lovalty, wisdom and humility. During WWII in Japan, the ideal of "Yamato-nadeshiko" was a woman who acted for the benefit and in the best interests of the family, enduring pain and/or poverty for her husband (a soldier) and country. On the other side of the ocean, those same traits were being exemplified by the Issei and Nisei women. We hear much about the amazing accomplishments of the Issei and particularly Nisei men, but very little recognition has been given to the women of these generations. Just like the celebrated soccer team, they too, embodied the ideal of nadeshiko.

Perhaps it's due to the old stereotype of the submissive Japanese woman, but we should

never underestimate the grit and courage nor overlook the accomplishments of the Issei and Nisei women. During the time of racism and hysteria of WWII, they too went on to serve their country. Approximately one hundred Japanese American women volunteered to serve in the Women's Army Corps (WAC), more than two hundred joined the Cadet Nurse Corps and almost 50 Nisei women were assigned to the Military Intelligence Service Language School (MISLS). Those incarcerated in American concentration camps endured physical, emotional and psychological hardships, and suffered personal and economic setbacks. Those fortunate enough not to be incarcerated were still victims of great prejudice and hardship.

The Nisei poet Toyo Suyemoto wrote the following poem in July of 1941 as wartime tensions rose and before her incarceration:

"Out of the anguish of my heart There must come gentle peace That will bid wayward grief And troubled thoughts to cease.

When one by one, old sorrows pass And I know my own will Let not the spirit fear again Or let my songs grow still."

Although they suffered injustice, mistreatment, deprivation and

(Continued on next page)

Board Members Message Continued

racial and gender discrimination, they endured and persevered with amazing grace to overcome adversity. Through the war years and beyond they were the glue holding families together, providing strength, security and stability and establishing themselves in the workplace and community as well. We should be indebted to them for their example and the amazing legacy that they have left and we should thank those personally that are still with us while we can.

Still active, vital and well into their 80's and 90's, you need not go far to find these amazing women, for they are still quietly and not so quietly carrying on and remain the backbone and heart of the Nikkei community. You'll find them locally at JACL events, Oregon Nikkei Endowment (ONE), Japanese Ancestral Society (JAS) and Japan-America Society of Oregon (JASO) events. Attend an Ikoi No Kai lunch and step into the kitchen of Epworth United Methodist Church or attend a service or event there or at the Nichiren Buddhist Temple, Oregon Buddhist Temple, or Buddhist Daihonzan Henjyoji Temple. Come to the Nikkei Community Picnic this month on Sunday, August 21st at Oaks Park. It doesn't matter when or where you see them, but when you do, remember to thank them for who they are, the life they've led and the legacy they leave.

In closing, the month of August is the traditional time for Obon, where the departed (deceased) spirits of one's ancestors are honored. Locally, there are Obon fests scheduled at the Oregon Buddhist Temple on Saturday, August 6th and Monday, August 15th at the Portland Japanese Garden, but perhaps more important than observing this annual tradition, is to honor your ancestors, living and deceased, by stepping up as they have. If you are a Nikkei, carry the torch that is passed on. For others, be inspired by the strength and perseverance of the Issei and Nisei generations and their motivation for living life as they did---that of living a worthwhile life. Be active, engaged and serve in whatever manner you can. And like the Japanese women's soccer team, inspire hope for the future, act in the best interests of your family and country, and persevere throughout adversity with courage, humility and grace. Male or female, we can all be inspired by the spirit of nadeshiko.

Capt. Kari Asai from Vancouver, WA at the Paris Air Show

Captain Kari Asai from Vancouver Washington spent a week at the famed Paris Air Show representing the United States Air Force and the F-15 Strike Eagle jet aircraft. She is the Weapons System Officer (WSO) who operates from the back seat of the fighter jet. Capt. Asai met many dignitaries while she was there, but most notable for her was Senator Daniel Inouye. Kari graduated from Washington State University and was commissioned into the Air Force in 2007. She is currently stationed at RAF Lakenheath, England.



Captain Kari Asai with Hawaii Senator Daniel Inouye



Captain Kari Asai in front of her F-15 Strike Eagle aircraft at the Paris Air Show.

日系コミュニティー・ピクニック

NIKKEI COMMUNITY PICNIC

SUNDAY, AUGUST 21, 2011

OAKS PARK

(SOUTH PARK AREA - UNDER THE LARGE STRIPED TENT)

NOON TO 5PM

Join us for an afternoon of food and fun! The picnic is sponsored by organizations of the Nikkei community to celebrate our ethnic heritage.

We will provide at no cost:

- Main dish: Fried Chicken
- Beverages: hot tea, soda, and beer
- Eating utensils: plates and napkins
- Watermelons
- Games and prizes and ride bracelets for kids high school and younger
- Parking

Please bring a side dish to share. In order to ensure a variety we suggest that you bring a side dish that corresponds to the alphabetical groupings listed below:

A-Ki Rice or a noodle dishKI-Sa Salad or Vegetable dishSc-Z Dessert or Bread



Performances by Portland Taiko's Camp Kids and Youth Camp!

Please RSVP by August 10: Connie Masuoka at 503-243-3291

Minidoka Pilgrimage

By Emily Hanako Momohara

June 30-July 3, almost 200 people journeyed to the annual Minidoka pilgrimage. This year was special for two very important reasons. First, the Minidoka Honor Roll was re-established at the entrance to the park. The Honor Roll was created during WWII by Japanese Americans incarcerated at Minidoka. It noticeable changes to the park itself. NPS staff have been hard at work. The walking trail with waysides explaining different aspects of camp is nearly complete. A full barrack has been brought back to Minidoka and placed at the exact location of Block 22. Since the pilgrimage, NPS staff also moved a mess hall back to Block 22.

From Portland, the small but lively group included

contained the names of voung men and women who served in the US Military. who were from or had family in Minidoka. There was a ribbon cutting ceremony and the names of the Minidoka fallen soldiers were read by Kay Endo, a WWII Nisei veteran. There were



fearless leader Connie Masuoka, Mari Watanabe, Nobi Masuoka, Kay Endo, Carrie Saito, Al Abe, Kurtis Chaney, Kerry Chaney, Schafer Durgan, Kristi Fukunaga, Misa Sakai, Johnny Rojas, Patti Tamura Smith, and Richard Tamura.

Next year's pilgrimage will be the third weekend in June. More infrastructure and progress will again be made in the upcoming year. Please mark your

many tears and cheers as the ribbon was cut. Friends of Minidoka board member, Bill Vaughn, a retired architect was the project manager and worked closely with Superintendent Wendy Janssen to make this project happen. It was paid for by a Confinement Sites Grant written by the Friends of Minidoka and matched



with donations of labor and funds from community members. Anna Tamura of NPS and Keith Yamaguchi, Commander of the Seattle NVC spent many hours looking for the names and reaching out to community members.

The second moving and amazing aspect to this year's pilgrimage was the calendars and go on the pilgrimage next year.

A Special Request from Ikoi no Kai

This month we are including a survey regarding Ikoi no Kai in the newsletter (see next page). Please take a few minutes to complete the survey and return it to us. We are trying to reach all organizations (churches, clubs and recreational sports leagues) and get as much feedback as we can about community needs, improvements and expansion. Though you may see the survey and receive multiple copies, please submit one response per person.

Surveys can be mailed to Ikoi no Kai, 1333 SE 28th Ave., Portland, OR 97214 or dropped off at the facility. Advisory committee members can also collect surveys.

Ikoi no Kai Advisory Committee

Gordon Kondo and Sharon Takahashi (Chairs), Pat Gilman (Secretary), Chris Shiraishi (Treasurer), Noriko Dozono, Marian Hara, Dan Hinatsu, Seichi Konno, Connie Masuoka, Shig Oka, Katie Tamiyasu, and Henry Ueno,

Ikoi no Kai Survey

We are looking at ways that **Ikoi no Kai** can broaden our services to better support the needs of the Nikkei community. Specifically we want to know if a Wednesday delivery service to the mobility impaired is feasible or desired. We would appreciate it if you can take just a few minutes to answer the following questions.

1. I have had lunch at Ikoi no Kai.			No	
2. I know that Ikoi no Kai is open to all ages.			No	
3. I am a regular patron at Ikoi no Kai.			No	
4. I would come to Ikoi no Kai if	I had a ride.	Yes	No	
5. I know of someone else who	would come if th	ey had a ride.	Yes	No
6. I get the monthly menu from	a. Ikoi no Kai c. Epworth Met			other
7. I would be able to access the	menu online if a	vailable. Y	′es	No
8. I know someone <u>unable</u> to co	me to Ikoi no Ka		ke to have ′es	a meal delivered. No
9. I am <u>unable</u> to come to Ikoi nonce a week I would sign up.	o Kai but if a ser	vice were offe Yes	ered to hav No	e a meal delivered
Please check if applicable: 10. I am willing to provide a ride	to others who n	eed transport	ation.	
11. I am willing to deliver meals.				
(optional) My age is under 50) 50-60	60-75 7	5-90 al	bove 90
Name (optional)				
Address (optional)				
Phone (optional)	e-mail (optional)			
Thank you for your time! Please return to Ikoi no Kai, 13	333 SE 28th, Po	rtland, OR 97	/214	

Upcoming Oregon Nikkei Endowment (O.N.E.) Events

Upcoming FREE programs in conjunction with our current exhibit, kip fulbeck: part asian, 100% hapa feature local and national scholars, artists and authors and include—

August 4: Lecture and Critical Mixed Race Studies scholars and artists Laura Kina (DePaul University), Emily Momohara (Art Academy of Cincinnati) and Dmae Roberts (Executive producer of MEDIARITES) and moderated by Tim DuRoche of the World Affairs Council. Held at the University of Oregon White Stag Building located at 70 NW Couch St from 5:00 - 6:30 p.m.

September 10: Join artist and photographer Julie Keefe as she brings her Hello Neighbor workshop to Oregon Nikkei Legacy Center, September 10 from 10:00 a.m. - 12:30 p.m. Hello Neighbor pairs two individuals who interview and produce photographs of each other, which will be shown at the Legacy Center alongside our kip fulbeck exhibit part asian: 100% hapa. Hello Neighbor centers on finding out about someone else you might not be apt to talk to, recognizing similarities and differences, and highlighting our cultural diversity. From a participant, "We were trying to show the community it's members. To show the cultural diversity they have & that sometimes you have to look underneath the underneath. You can't judge a book by its cover. I learned that I am more open around people than I thought. I thought I would be shy & uncomfortable

Alice Sumida's 97th Birthday!

We celebrated Alice Sumida's 97th birthday on Wednesday, July 20th at the Clark Center. (Her actual birthday is July 18th). We look forward to celebrating many more birthdays with Alice.



Homer Yasui plays the harmonica, accompanied by his son Kip on guitar, in celebration of the 97th birthday of Alice Sumida (far right), at the Clark Center Loaves & Fishes

around people, but after an interview or two l opened up & it wasn't a very big deal anymore." A free workshop, but you must pre-register at info@ oregonnikkei.org or (503) 224-1458.

September 21: Join us for a Portland Timbers soccer game versus the San Jose Earthquakes on Wednesday, September 21, 2011 at JELD-WEN Field in Portland. The game starts at 7:00 p.m. We are currently accepting ticket reservations. There are a limited number of tickets, so please reserve your spot soon. Tickets can be purchased for \$25 through our online gift shop. A portion of the ticket sales will benefit Oregon Nikkei Endowment. Contact Oregon Nikkei Endowment for tickets or more information.

October 20: Hapa Diversity Workshop, facilitated by Dr. Linda Isako Angst, Cultural Anthropologist of Japan How do we understand who we are in relation to others? What assumptions do we make about "us" and "them" in the course of everyday life? Taking its cue from the perspective of cultural anthropology, this workshop will ask participants to think--and then unthink--assumptions we hold about ourselves and thereby examine the stereotypes we create about cultural others. While we celebrate the diversity each of us holds as culturally situated individuals, we must also learn how to honor and support the proliferation of ethnicities within our midst. 5 p.m. at Oregon Nikkei Legacy Center. A free workshop, but you must preregister at info@oregonnikkei.org or (503) 224-1458.



Alice Sumida celebrates her 97th birthday



Clark Center Loaves & Fishes August 2011 Menu

2740 SE Powell Blvd., Portland OR

Monday 1 - BBQ chicken or tortellini w/ tomato basil sauce

Tuesday 2 - Meatloaf w/ gravy or chicken caesar salad

Wednesday 3 - Sasha's cold soba or veggie lasagna Thursday 4 - Sasha's meatloaf cabbage strudel or river house salad

Friday 5 - Baked fish or crisper summer salad

Monday 8 - Chicken w/ noodles or veggie pizza Tuesday 9 - Dijon turkey or chicken caesar salad Wednesday 10 - Sasha's teriyaki chicken or tomato basil veggie burger

Thursday 11 - Sasha's spanikopita or tuna stuffed salad

Friday 12 - Chicken provence or river house salad

Monday 15 - Beef macaroni casserole or breakfast casserole

Tuesday 16 - Sliced roast turkey w/ gravy or shrimp louie salad **Wednesday 17** - Sasha's curried chicken w/ rice or veggie pizza

Thursday 18 - Sasha's veggie yakisoba or cobb salad

Friday 19 - Roast pork or chinese chicken salad

Monday 22 - Veggie lasagna or mushroom & cheese omelet

Tuesday 23 - Turkey pot roast or tortellini salad **Wednesday 24** - Sasha's roast pork or veggie chili **Thursday 25** - Sasha's baked cod or crisper summer salad

Friday 26 - Breader tilapia or chicken bean salad

Monday 29 - Sloppy joe or bean & rice burrito Tuesday 30 - Meatloaf w/gravy or shrimp salad Wednesday 31 - Sasha's fried rice or veggie pizza

Ikoi No Kai at Epworth

1333 SE 28th Ave, Portland

Monday 1 - Shrimp salad rolls thai chicken Tuesday 2 - Salmon shioyaki Wednesday 3 - Closed Thursday 4 - Yakisoba Friday 5 - Shanghai style pork tenderloin

Monday 8 - Szechuan shrimp and snow peas Tuesday 9 - Steamed pork Wednesday 10 - Closed Thursday 11 - Tonkatsu Friday 12 - Mar far chicken Wednesday 17 - Closed Thursday 18 - Hiya somen Friday 19 - Lemon chicken

Monday 22 - Shumai panko shrimp buns Tuesday 23 - Summer nishime Wednesday 24 - Closed Thursday 25 - Beef donburi Friday 26 - Soba salad ginger scallion chicken

Monday 29 - Salmon lemon basil pasta Tuesday 30 - Birthday sushi Wednesday 31 - Closed

YOUR PORTLAND JACL BOARD

Co-President: Jim Kennedy *jim@pdxjacl.org*

Co-President: Jeff Selby *jeff@pdxjacl.org*

Vice President: Susan Leedham susan@pdxjacl.org

Treasurer: Chip Larouche chip@pdxjacl.org

Membership: Setsy Larouche setsy@pdxjacl.org

Newsletter/Historian: Michael Yamamoto michael@pdxjacl.org

Secretary: Diane Akasaka diane@pdxjacl.org Rich Iwasaki rich@pdxjacl.org

Kirk Tambara kirk@pdxjacl.org

Connie Masuoka connie@pdxjacl.org

Lynn Longfellow lynn@pdxjacl.org

John Kodachi john@pdxjacl.org

Linda Tanaka *linda@pdxjacl.org*

Jean Yamamoto jean@pdxjacl.org

Marleen Ikeda Wallingford marleen@pdxjacl.org

Monday 15 - Spring roll chicken salad w/ hoisin dressing Tuesday 16 - Beef curry

Ikoi No Kai August 2011 Menu Notes:

Cooking Schedule: Kashu Hamada: Tuesdays and Thursdays Sharon Ogata: Mondays and Fridays (except Aug. 12) Lil Okazaki: August 12 Skip Yamamoto: on leave for August

DocuMart.

Copies & Printing

Your Portland JACL Newsletter comes to you thanks to DocuMart on SW Main in Portland, who prints it at a greatly reduced cost. Please consider them for your printing needs: 503-228-6253.

A big thank you to Chris Onchi, as well, Chris has been printing our labels, making data entry changes, and assisting with the annual calendar for many years. Her business is Chris' Mailing Service: 503-452-6864.



PORTLAND JACL

PO BOX 86310 PORTLAND, OR 97286 NON PROFIT ORG. U.S. POSTAGE PAID PORTLAND, OR PERMIT #579