



# PORTLAND JACL NEWSLETTER

Founded in 1928, Portland JACL is one of the most respected civil rights organizations in the country.

NOVEMBER 2019 • VOLUME 25, ISSUE 4

## COMMUNITY CALENDAR

### November 9

PNWDC (district) Meeting  
9:30 a.m. Fife, WA  
Hosted by Puyallup Chapter

### November 11

Veteran's Day

### November 16

JACL National Board  
Meeting  
San Francisco, HQ

### November 30

Craft Fair  
9:00 a.m. - 3:00 p.m.  
Oregon Buddhist Temple

### December 7

Nikkei Community  
Holiday Party  
5:00 p.m.  
Oregon Buddhist Temple

Please send your community  
calendar items to  
jeff@aiwcreative.com  
by the 16th of  
each month!

## TSURU FOR SOLIDARITY

by Lynn Fuchigami Parks, Board Member

There comes a moment when you realize that nobody stopped the round-up and incarceration of Japanese Americans during WWII—you will not participate in the repetition of that mistake. So, conscience must guide us to move with a valid action against this current violence. We must be the allies that our community needed.

—Mike Ishii, Co-Chair, Tsuru for Solidarity

Mark your calendars in 2020 for a Pilgrimage to Close the Camps in Washington DC, June 5-7. Organized by Tsuru for Solidarity, a direct action project of multigenerational Japanese American social justice advocates working to end detention sites and support immigrant and refugee communities targeted by racist and inhumane immigration policies, the goal is to fold and bring 125,000 origami cranes to Washington DC—one for each Japanese American and Latin American who was incarcerated in American concentration camps during WWII.

*Tsuru* means crane in Japanese and according to Japanese legend, those who fold 1,000 paper cranes will be granted their heart's desire. Today, *tsuru* have come to symbolize peace, hope, healing, and compassion. It is the heart's desire of this movement, to fight injustice and oppression and end today's incarceration camps.

Organized caravans will be driving

cross-country stopping at both WWII sites of incarceration and current detention centers in remembrance and to show that we must never give up the fight to uphold our nation's highest ideals of liberty and justice for all. Groups will also fly out to converge at what is hoped will be the largest gathering of Japanese Americans since the forced removal and unjust incarceration of Japanese Americans during WWII. Once there, people will participate in a mass march and rally that will begin at the National Museum of the American Indian, and end across from the White House where the cranes will be hung. Additional calls to action and activities are being planned.

Folding centers and "fold-ins" are being setup and organized across the country so people can join in solidarity for this effort, including at the Oregon Nikkei Legacy Center, whose name will change to the Japanese American Museum of Oregon beginning January 1, 2020.

(continued on Page 2)

## TSURU *(continued from Page 1)*

Please consider joining this national network and the Tsuru for Solidarity movement. During WWII, people stood silent and only a few spoke out for the Japanese American community. The Japanese American community has the moral authority to stand against the injustices being committed against immigrant communities and we should set the example to be the allies that our community did not have. For more information and to find out what you can do to support, visit [tsuruforsolidarity.org](http://tsuruforsolidarity.org).

## IKOI NO KAI

The Ikoï No Kai Senior Lunch Program has undergone some changes in their cooking staff. Kyoko Adcock and Naomi Molstrom share responsibilities on Mondays, Kyoko takes over on Tuesdays, and Rieko Shimida started after responding to an ad in the *Yuuake Shimbun* on Thursdays and Fridays.

Ikoï No Kai is fortunate to have such hardworking and great cooks to continue to serve the delicious lunches. It is Portland's best kept secret.

Ikoï No Kai just celebrated its 30th anniversary. Lunches are served four days a week. On the second Wednesday of the month another group of volunteers comes together and assembles and delivers lunches for homebound seniors. Longtime Ikoï No Kai cook, Sharon Ogata helps prepare those meals with a cadre of

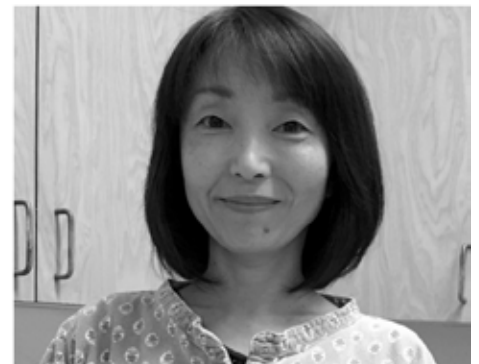
volunteers. Stand by bento drives are always welcome. They deliver as far out as Gresham, Hillsboro, Beaverton, Milwaukie, Oregon City, Lake Oswego/West Linn Tualatin and Vancouver/Woodland areas.



*Naomi Molstrom*



*Kyoko Adcock*

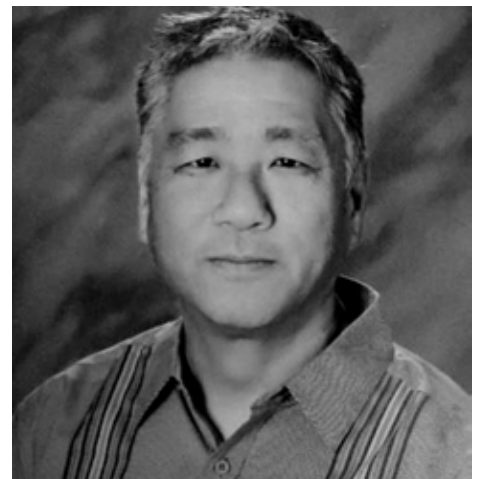


*Rieko Shimida*

## MEET YOUR NEW BOARD MEMBER

Jeff Matsumoto is a Yonsei born and raised in Lodi, California. He has worked for the Forest Grove School District as an elementary teacher since moving to Oregon in 2000.

Jeff had been involved in his teachers' education association at the national, state and local level. As he has passed on his leadership roles to others in those organizations, he looks forward to his increased involvement in the Japanese-American community and service to Portland JACL.



## A NEW HOLIDAY TRADITION!



**Saturday, December 7, 2019  
at Oregon Buddhist Temple  
starting at 5:00 p.m.**

Join us for the 6th Annual Nikkei Community Winter Party where we will joyfully welcome the holiday season.

This will be a semi-potluck dinner where the main course (Roast Pork, Poached Miso Chicken, and Vegetarian Pasta Putanesca) will be provided.

Bring a side dish of your choice (optional - we would rather have you and your family there).

There will be activities for kids, a raffle for the adults, and a visit from Santa.

Start the holidays with food and fun!

**For more information or to RSVP, contact  
Connie at [cmasuoka@comcast.net](mailto:cmasuoka@comcast.net) or  
503-318-5839.**

## BOARD MEMBERS

### PRESIDENT

**Marleen Wallingford**  
[marleen@pdxjacl.org](mailto:marleen@pdxjacl.org)

### VICE PRESIDENT

**Susan Leedham**  
[susan@pdxjacl.org](mailto:susan@pdxjacl.org)

### SECRETARY

**Heidi Tolentino**  
[heidi@pdxjacl.org](mailto:heidi@pdxjacl.org)

### TREASURER

**Jean Yamamoto**  
[jean@pdxjacl.org](mailto:jean@pdxjacl.org)

### MEMBERSHIP

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**Amanda Shannahan**  
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**Jillian Toda-Curry**  
[jillian@pdxjacl.org](mailto:jillian@pdxjacl.org)

### ADVISORY MEMBER

**Rich Iwasaki**  
[rich@pdxjacl.org](mailto:rich@pdxjacl.org)

### NEWSLETTER (non-Board)

**Jeff Selby**  
[jeff@aiwcreative.com](mailto:jeff@aiwcreative.com)

## AROUND THE COMMUNITY



*Portland JACL screened the independent film, **Hiro's Table**, on September 29th. Lynn Hamrick, Candice Obayashi, Yasuyo Obayashi, Hiro Obayashi and Master of Ceremonies Kurt Ikeda, who translated questions and answers in Japanese and English for the audience and Mr. & Mrs. Obayashi.*



*Prosper Portland excavated several sites on the corner of SW 4th and Burnside which were former homes that housed a Chinese laundry and another one that was home to a Japanese family. Morgan Young, Project Historian for Historical Research Associates, shares the research she has conducted about the area. Portland JACL board member, Susan Leedham and Chris Leedham toured the site.*

## BOARD MEMBER VOTING BALLOT

Here is the slate for new Board Members for the 2019-2021 term. The following have been submitted for consideration by the Portland JACL Nominating Committee:

- ☐ Amanda Shannahan/Christopher Lee - Co-presidents
- ☐ Jeff Matsumoto - Vice President
- ☐ Heidi Tolentino - Secretary
- ☐ Vacant - Treasurer
- ☐ Setsy Larouche - Membership
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

### Board Members at Large:

- ☐ Jillian Toda-Currie
- ☐ Sachi Kaneko
- ☐ Connie Masuoka
- ☐ Ryan Nakano
- ☐ Lynn Fuchigami Parks
- ☐ Marleen Ikeda Wallingford
- ☐ Jenny Yamada

Please vote for the slate as presented, or write-in suggested officers and Board Members. Please send your completed ballot choices to [jacl@pdxjacl.org](mailto:jacl@pdxjacl.org) or to PO Box 86310 Portland, OR 97286 - no later than 12/30/2019

## Unite People's Holiday Wreath Sale

Get ready for the Holidays and reduce your stress by pre-ordering winter greenery to decorate your home or office.

Let us help you decorate your home or business by ordering from our lovely selection of wreaths and holiday decorations. The proceeds help Unite People fund projects for the community

\_\_\_\_\_  
Your Name

\_\_\_\_\_  
Phone number

<b>Mixed wreaths with berries</b>	<b>Qty</b>	<b>Price</b>	<b>Total</b>
12 inch		\$20.00	
16 inch		\$26.00	
20 inch		\$32.00	
24 inch		\$38.00	
<b>Door Swag</b>		\$15.00	
<b>Candy Cane Style</b>		\$20.00	
<b>15 foot Garland</b>		\$20.00	
<b>Poinsettas 6inch pots</b>		\$10.00	
<b>Mizuhiki</b>		\$ 5.00	
<b>Total</b>			=====

**Deadline to order is November 20, 2019**

Pick-up date:  
Sunday, December 8, 2019  
from 11-2pm  
at Epworth United Methodist

Mail this form to:  
Unite People  
6305 E Burnside  
Portland, OR 97215  
or  
Order on line at  
[pdxjacl.org](http://pdxjacl.org)

**Please make checks payable to UNITE PEOPLE**



# IKOI NO KAI AT EPWORTH SENIOR LUNCH PROGRAM

NOVEMBER 2019 | 1333 SE 28th Ave. | 503-238-0775

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Chair Exercises: 11:30 <b>Okonomiyaki</b> with pork and shrimp
<b>4</b> Chair Exercises: 11:30 <b>Okara croquette/ kabocha soup</b>  Hanafuda & Bridge: 12:30-2	<b>5</b> Blood pressure: 11:15 Chair Exercises: 11:30 <b>Pork &amp; shrimp shumai</b>	<b>6</b>  <b>X</b>	<b>7</b> Qi Gong: 11:30 <b>Khao Man Kai</b> Thai chicken  Mah jong: 12:30-2	<b>8</b> Chair Exercises: 11:30 Hiru Gohan Gurupu: 11:45 <b>Beef Stew</b>
<b>11</b> <b>Veterans' Day **</b> Chair Exercises: 11:30 Kathryn Work on piano <b>Chicken karaage</b> Hanafuda & Bridge: 12:30-2	<b>12</b> Fujinkai Board: 10:30 Chair Exercises: 11:30 <b>Tonkatsu</b>	<b>13</b>  <b>X</b>	<b>14</b> Qi Gong: 11:30 <b>Fried fish</b>  Mah jong: 12:30-2	<b>15</b> Chair Exercises: 11:30 <b>Nabeyaki Udon</b>
<b>18</b> Ohana Lunch Bunch <b>Ray&amp;Ed's salmon w/matsutake goan **</b> Hanafuda & Bridge: 12:30-2	<b>19</b> Sage Circle: 10:30 Blood pressure: 11:15 Ki Development: 11:30 <b>Kung pao chicken</b>	<b>20</b>  <b>X</b>	<b>21</b> Qi Gong: 11 Sing Along: 11:30 <b>Katsu rolls</b> Fried pork veggie roll Mah jong: 12:30-2	<b>22</b> Nisei Day: 11:30 <b>Birthday sushi</b>
<b>25</b> Chair Exercises: 11:30 <b>Chanko nabe</b> Chicken stew in clear broth  Hanafuda & Bridge: 12:30-2	<b>26</b> Chair Exercises: 11:30 <b>Chap chae</b> Korean beef noodles	<b>27</b>  <b>X</b>	<b>28</b>  <b>Happy Thanksgiving</b>	<b>29</b>  <b>Closed for Holiday</b>

**Cooks: Naomi Molstrom-M Kyoko Adcock-Tu Rieko Shimada-Th/F**

**Nov 11: Veteran's Day: Vets free: Rsrvtns, Plz; Kathryn Work on piano**

**Nov 12: Fujinkai Board: 10:30**

**Nov 15: Hiru Gohan Gurupu: Rick, John, Mary & gang perform--11:45**

**Nov 18: Ray & Ed's Salmon Lunch: Reservatns Requird by Nov 14: \$8**

**Nov 18: Ohana Lunch Bunch: Sansei gather for catching up--11:30**

**Nov 19: Sage Circle: Japanese language herb study group--10:30**

**Nov 21: Sing Along with Jerry & Rie: 11:30**

**Nov 22: Nisei Day: Nisei gather for lunch & Bingo--11:30**

**M/Tu/Th/Fr: Exercises w/Nobuko Kaji, Kathleen Kuba or Dwight Onchi**

**Blood Pressure: Nov 5-Jane Kawashima, Nov 19-Ellen Iwasaki**



**PORTLAND JACL**  
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Your Portland JACL Newsletter comes to you thanks to DocuMart on SW Main in Portland, who prints it at a greatly reduced cost. Please consider them for your printing needs: (503) 228-6253.

A big thank you to Chris Onchi, as well, Chris has been printing our labels, making data entry changes, and assisting with the annual calendar for many years. Her business is Chris' Mailing Service: (503) 452-6864.